RESULTATS CRITERIUM D'HIVER LFPH
Powerlifiting & Bench Press Single
Mettet, 15 & 16 février 2025

LFPH
Ligue Francophone des Poids et Haltères

POWERLIFTING CLASSIQUE

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	SQ	BP	DL	Total	IPF GL Points	*Classement*
OPL	**Bocquet Eva**	F	'1995-03-01	sen	BEL	61.62	63	142.5	82.5	175	400	88.79	*1*
ZHA	**Louchart Marie**	F	'2007-06-18	sub-jun	BEL	51.32	52	107.5	62.5	137.5	307.5	78.54	*2*
APEX	**Nezar Alyah**	F	'2002-12-23	jun	FRA	65.2	69	145	70	150	365	78.16	*3*
PHCS	**Charpentier Lola**	F	'2008-06-18	sub-jun	BEL	67.82	69	140	85	147.5	372.5	77.93	*4*
PHCS	**Girin Juliette**	F	'2000-10-06	sen	BEL	62.22	63	122.5	75	150	347.5	76.65	*5*
PHCS	**Vanhoren Noemie**	F	'1999-07-30	sen	BEL	56.16	57	105	57.5	150	312.5	74.13	*6*
OPL	**Degaspery Mandy**	F	'2001-10-26	sen	BEL	60.56	63	110	52.5	150	312.5	70.19	*7*
AKU	**Bioche Hana**	F	'2003-10-10	jun	BEL	70.9	76	122.5	65	152.5	340	69.41	*8*
PHCS	**Chaplier Amaurine**	F	'2005-09-18	jun	BEL	51.82	52	92.5	55	122.5	270	68.38	*9*
AKU	**Romih Pina**	F	'2002-01-26	jun	BEL	75,00	76	115	67.5	147.5	330	65.47	*10*
PHCS	**Schouterden Ynes**	F	'2004-11-21	jun	BEL	83.68	84	137.5	50	135	322.5	60.99	*11*
NSAR	**Delmotte Axelle**	F	'2007-12-28	sub-jun	BEL	61.38	63	85	50	120	255	56.75	*12*
OPL	**Deloyer Valentine**	F	'2002-11-07	jun	BEL	102.78	84+	95	70	135	300	53.12	*13*
BWS	**Genot Isabelle**	F	'1960-02-14	mas 60	BEL	79.96	84	97.5	40	135.5	273	52.61	*14*

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	SQ	BP	DL	Total	IPF GL Points	*Classement*
PHCS	**Klein Alexandre**	M	'2002-10-01	jun	BEL	91.34	93	245	140	285	670	88.43	*1*
CSX	**Legrain Noah**	M	'2003-12-02	jun	BEL	73.54	74	207.5	150	242.5	600	88.37	*2*
AKU	**Delattre Samuel**	M	'2005-08-05	jun	BEL	81.12	83	237.5	117.5	262.5	617.5	86.48	*3*
PHCS	**Minutillo Sebastien**	M	'2004-10-29	jun	BEL	82.32	83	220	142.5	250	612.5	85.14	*4*
PHCS	**Pfeiffer Dany**	M	'1999-06-22	sen	BEL	72.88	74	205	140	230	575	85.09	*5*
PHCS	**Audra Arthur**	M	'2002-12-20	jun	BEL	73.7	74	192.5	130	245	567.5	83.49	*6*
APEX	**Lermen Martin**	M	'2002-08-27	jun	BEL	81.32	83	200	135	255	590	82.52	*7*
PHCS	**Muller Maxime**	M	'2003-05-05	jun	BEL	73.98	74	200	120	240	560	82.23	*8*
NSAR	**Paulet Tim**	M	'2003-12-31	jun	BEL	90.28	93	210	117.5	280	607.5	80.64	*9*
ZHA	**Dutoit Louis**	M	'2003-04-13	jun	BEL	92.24	93	230	130	250	610	80.12	*10*
PHCS	**Laeckmann Guillaume**	M	'1996-11-18	sen	BEL	103.54	105	215	125	300	640	79.54	*11*
ZHA	**Louchart Simon**	M	'2004-10-27	jun	BEL	73.46	74	195	120	215	530	78.11	*12*
SAS	**Scarpantoni Santino**	M	'2007-09-07	sub-jun	BEL	82.54	83	202.5	135	225	562.5	78.08	*13*
CSX	**Mahjoubi Noa**	M	'2006-10-03	jun	BEL	73.8	74	200	120	210	530	77.92	*14*
CSX	**Carette Gabriel**	M	'2005-12-30	jun	BEL	79.18	83	195	112.5	240	547.5	77.63	*15*
APEX	**Andre Corentin**	M	'2003-05-25	jun	BEL	82.02	83	195	130	220	545	75.90	*16*
PHCS	**Sauvage Lucas**	M	'2002-08-20	jun	BEL	72.38	74	190	107.5	210	507.5	75.37	*17*
APEX	**Lachapelle Nathan**	M	'1995-10-28	sen	BEL	101.64	105	195	125	275	595	74.59	*18*
APEX	**Glibert Maxime**	M	'2007-11-29	sub-jun	BEL	87.98	93	200	120	232.5	552.5	74.28	*19*
PHCS	**Singleton Marvin**	M	'1994-07-08	sen	BEL	73.42	74	182.5	100	220	502.5	74.07	*20*
PHCS	**Gillardin Mathieu**	M	'2003-03-24	jun	BEL	97.94	105	210	110	260	580	74.00	*21*
NSAR	**Pluvinage Thomas**	M	'2005-10-05	jun	BEL	81.36	83	200	127.5	200	527.5	73.76	*22*
NSAR	**Dufour Christopher**	M	'1991-12-26	sen	BEL	92.58	93	185	160	217.5	562.5	73.75	*23*
PHCS	**Bizzarri Luca**	M	'1998-12-29	sen	BEL	82.46	83	190	125	205	520	72.22	*24*
AKU	**Dewez Atienza Luca**	M	'2006-05-13	jun	BEL	73.36	74	182.5	105	200	487.5	71.89	*25*
APEX	**Devriendt Kristoffer**	M	'2002-11-17	jun	BEL	84.34	93	180	117.5	215	512.5	70.37	*26*
PHCS	**Quaranta Matteo**	M	'2003-10-17	jun	BEL	78.86	83	162.5	125	205	492.5	69.97	*27*
SAS	**Pairon Francois**	M	'1992-07-10	sen	BEL	82.02	83	172.5	120	205	497.5	69.28	*28*
NSAR	**Pin Tristan**	M	'2007-02-24	sub-jun	BEL	68.04	74	170	100	175	445	68.26	*29*
OPL	**Robert Benjamin**	M	'2002-06-05	jun	BEL	81.52	83	170	120	197.5	487.5	68.10	*30*
ZHA	**Pecoraro Brian**	M	'2007-10-16	sub-jun	BEL	63.26	66	135	105	185	425	67.76	*31*
PCM	**Versele Lionel**	M	'1989-01-28	sen	BEL	110.16	120	185	165	205	555	67.03	*32*
SAS	**Radkov Pavel**	M	'2007-05-17	sub-jun	BEL	76.4	83	160	95	195	450	64.98	*33*
PHCS	**Derwa Vicent**	M	'2005-04-05	jun	BEL	90.56	93	197.5	85	200	482.5	63.95	*34*
OPL	**Roland Corentin**	M	'2001-10-12	sen	BEL	79.32	83	160	90	195	445	63.04	*35*
APEX	**Huybens Basile**	M	'2003-08-26	jun	BEL	76.24	83	140	102.5	185	427.5	61.80	*36*
NSAR	**Crunelle Baptiste**	M	'2004-11-04	jun	BEL	64.58	66	120	75	180	375	59.13	*37*
APEX	**Godefroid Hugo**	M	'2007-10-10	sub-jun	BEL	71.8	74	112.5	112.5	157.5	382.5	57.04	*38*
CSX	**Lemal Valentin**	M	'2007-02-26	sub-jun	BEL	84.1	93	147.5	90	175	412.5	56.72	*39*
APEX	**Depaepe Logan**	M	'2000-01-18	sen	BEL	89.86	93	145	87.5	190	422.5	56.21	*40*

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POWERLIFTING EQUIPE

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	SQ	BP	DL	Total	IPF GL Points	*Classement*
APEX	**Daineffe Anne**	F	'1982-01-03	mas 40	BEL	64.18	69	181	105	173	459	82.01	*1*
PHCS	**Spina Celine**	F	'1998-08-12	sen	BEL	62.54	63	145	115	162.5	422.5	76.59	*2*

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	SQ	BP	DL	Total	IPF GL Points	*Classement*
OPL	**Dehan Guillaume**	M	'1995-01-21	sen	BEL	73.52	74	225	147.5	240	612.5	76.23	*1*
APEX	**Ancion Alexandre**	M	'2003-05-30	jun	BEL	93,00	93	*/	187.5	242.5	D S Q	/	/

BENCH PRESS CLASSIQUE

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	BP	Total	IPF GL Points	*Classement*
ZHA	**Dortant Benoit**	M	'1979-05-10	mas 40	BEL	50,00	59	75	75	49.67	*1*

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	BP	Total	IPF GL Points	*Classement*
PHCS	**Houbrechts Isabelle**	F	'1980-09-29	mas 40	BEL	83.78	84	70	70	52.26	*1*

BENCH PRESS EQUIPE

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	BP	Total	IPF GL Points	*Classement*
OPL	**Fontana Elodie**	F	'1988-08-31	sen	BEL	88.06	84+	110	110	56.43	*1*

Club	Nom Prénom	Sexe	Naissance	Cat Age	Nat	BW	BW Class	BP	Total	IPF GL Points	*Classement*
OPL	**Robbeets Arnaud**	M	'2001-02-05	sen	BEL	68.84	74	130	130	54.08	*1*

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RECORDS
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Ligue Francophone des Poids et Haltères

ARBITRES

NASSAR NADI / COLLART JEAN-LUC / COINNE ZOE / STRADIOT MEHDI
LEROT VIVIANE / FIZAINE OLIVIER / COLLART VIRGINIE / WARNIER JEAN-CLAUDE

RECORDS DE Belgique POWERLIFTING CLASSIC		CAT	SQ	B P	D L	TOT
GENOT ISABELLE	DA MAS 60	-84	97,5		135,5	273
GENOT ISABELLE	DA MAS 50	-84	97,5		135,5	273

RECORDS L F P H POWERLIFTING CLASSIC		CAT	SQ	B P	D L	TOT
GENOT ISABELLE	DA MAS 60	-84	97,5	40	135,5	273
GENOT ISABELLE	DA MAS 50	-84	97,5	40	135,5	273
GENOT ISABELLE	DA MAS 40	-84			135,5	

RECORDS L F P H BENCH PRESS SINGLE CLASSIC		CAT		B P
GENOT ISABELLE	DA MAS 60	-84		40
GENOT ISABELLE	DA MAS 50	-84		40

RECORDS DE Belgique POWERLIFTING EQUIPPED		CAT	SQ	B P	D L	TOT
DAINEFFE ANNE	DA MAS 40	-69	181		173	
DAINEFFE ANNE	DA SENIOR	-69	181		173	

RECORDS L F P H POWERLIFTING EQUIPPED		CAT	SQ	B P	D L	TOT
DAINEFFE ANNE	DA MAS 40	-69	181	105	173	459
DAINEFFE ANNE	DA SENIOR	-69	181		173	459

RECORDS L F P H BENCH PRESS SINGLE EQUIPPED		CAT		B P
FONTANA ELODIE	DA SENIOR	84 +		110
DAINEFFE ANNE	DA MAS 40	-69		105